

re:fresh
your health and wellbeing

WITTON PARK CYCLE CENTRE



**SPRING/SUMMER
TIMETABLE**

Spring/Summer Timetable

April - September 2019

Bike Hire and Xplorer Scavenger Hunt

We have a variety of bikes for hire including adapted and children's bikes. Why not pick up one of our Scavenger Hunt maps and explore the park - with or without your bike?

Opening times:

Tuesdays, Wednesday and Thursdays 12 - 7pm

Sunday 12 - 4pm

Costs for up to two hours including helmet:

£5 adults (16+), £2.50 children/concession (60+) (BMX: £5 per person)

Xplorer Maps: £1 per map

Pedal around the Park

Low level, lead ride around the Park for adults, ideal for beginners. Please note bikes are limited and priority will be given to new attendees.

Session times: Thursdays 1.30 - 2.15pm

Costs: £5 per session or £1 under the re:refresh Leisure Scheme*

Healthy Bike Drop In

Drop in to the Cycle Centre and, using our bikes we can show you how to fix a puncture, use gears effectively or clean a chain. Please note price shown is per topic and lessons will be provided on one of our bikes.

Drop in times: Wednesday 2pm - 6pm

Costs: £1 per topic

Learn to Ride and Balanceability

The re:refresh team run a variety of courses to help you learn to ride a bike - available for anyone aged 2 and above. We have Balanceability courses running in your local leisure centre for children aged 2 - 4 and learn to ride courses for adults and children aged 4 and above.

Balanceability: £30 per course **Learn to Ride:** £25 per course

For course availability or to book a place call The Leisure Hub on 01254 666966.

The Cycle Centre is located in Witton Country Park, Preston Old Road,
Blackburn BB2 2TP

*re:refresh Leisure Scheme: **Discounted leisure for those who live, work or have a GP in the borough of Blackburn with Darwen. Proof required to obtain Leisure Card.**

**FOR MORE INFORMATION ON ANY OF OUR SESSIONS
PLEASE CONTACT US ON 01254 682037 OR WELLBEING@BLACKBURN.GOV.UK**

